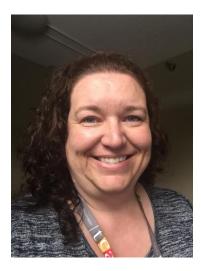


MEDIA RELEASE

Blackburn Earns Advanced Certification from The International Association of Eating Disorders Professional Foundation

April 2, 2019 (MILDEN, SK) — Lauralyn Blackburn recently earned the Certified Eating Disorder Specialist designation from the International Association of Eating Disorder Professionals (iadep) Foundation, after completing a rigorous set of criteria for the evaluation of education, training, knowledge and education. There are only ten individuals in Canada that currently hold this designation.

Blackburn serves as Program Director at BridgePoint Center for Eating Disorders. This certification allows Blackburn to offer program participants the assurance and confidence that the highest standards of care will be provided throughout all stages of treatment. "We are proud of Lauralyn's professional accomplishments and her contribution to our program. Certification as an iadep Eating Disorder Specialist is evidence that both Blackburn and BridgePoint are diligent in seeking advancement in the ongoing treatment of eating disorder treatment." says Carla Chabot, Executive Director of BridgePoint Center for Eating Disorders.



Blackburn joins an elite group of professionals committed to excellence in the treatment of eating disorders with this certification. "I am excited to offer my skills and knowledge to BridgePoint, the leading edge treatment center for eating disorders in Saskatchewan. BridgePoint offers those struggling with an eating disorder a unique environment and community in which hope is found and recovery is possible! I was drawn to work at BridgePoint to be part of an organization that embraces the whole person and in all aspects of programming embraces inclusivity, vulnerability, courage and participant-centered care." says Lauralyn Blackburn, MSW, Clinical RSW, CEDS, APE, CDWF, Program Director of BridgePoint Center for Eating Disorders.

Blackburn is also one of only three Saskatchewan social workers have received the new "Authorized Practice Endorsement" (APE) which grants qualified social workers working in a clinical setting to provide diagnosis within the scope of their knowledge and training. One of the intended outcomes is improved access to mental health services, particularly in rural and remote communities. This is of critical importance as delayed diagnosis delays treatment, which translates into unnecessary suffering for those living with mental health problems.

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BridgePoint Center for Eating Disorders a provincially approved community based organization that works with the Saskatchewan Health Authority as part of the continuum of health care making a difference in the lives of people in Saskatchewan with eating disorders by opening a path for a process of discovery and recovery. The center is the only residential eating disorder program in Saskatchewan and is a hidden gem in the quaint setting of Milden, Saskatchewan. Programming is free of charge with a valid Saskatchewan health card. For more information, visit www.bridgepointcenter.ca.

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